



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Tarik EL ASSAL** (29y) 

has successfully competed in  
Ice Swim in Morocco

Aguelmam Azegza

19-Jan-2019

50m Freestyle in 00:51.09 minutes

Overall 5th / Age Group (30-34y) 2nd  
Category Men

Open Water Course

Water 4.90°C, Wind Chill -1.80°C, 32.97° N



  
**Ram Barkai**  
IISA Chair

*Morocco*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION