



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alain Courtois (50y) 

has successfully competed in
Ice Swim in Morocco

Aguelmam Azegza

19-Jan-2019

100m Freestyle in 03:15.03 minutes

Overall 3rd / Age Group (50-54y) 1st
Category Men

Open Water Course

Water 4.90°C, Wind Chill -1.80°C, 32.97° N



Ram Barkai
IISA Chair

Morocco
Chair & Board

