



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tobias Hirst (32y) 

has successfully competed in
Ice Swim in Morocco

Aguelmam Azegza

19-Jan-2019

200m Freestyle in 03:49.05 minutes

Overall 1st / Age Group (30-34y) 1st

Category Men

Open Water Course

Water 4.90°C, Wind Chill -1.80°C, 32.97° N



Ram Barkai
IISA Chair

Morocco
Chair & Board

