



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Cath Pendleton (46y) 

has successfully competed in
Ice Swim in Morocco

Aguelmam Azegza

19-Jan-2019

Ice Mile in 27:14.02 minutes

Overall 4th / Age Group (45-49y) 2nd

Category Women

Open Water Course

Water 4.90°C, Wind Chill -1.80°C, 32.97° N



A stylized signature in black ink, consisting of the letters 'R', 'A', and 'B' intertwined.

Ram Barkai
IISA Chair

Morocco
Chair & Board

