



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Birna Hrönn Sigurjósdottir (46y) 🏣

has successfully competed in

Amstel Ice Swim

Amsterdam, the Amstel 30-Dec-2018

1000m Freestyle in 20:27.10 minutes

Overall 4th / Age Group (45-49y) 3rd

Category Women

Open Water Course Water 5.70°C, Wind Chill 5.50°C, 52.29° N N-ICE Swim (>5°C)

IISA NTERNATIONAL ASSOCIATION

Ram Barkai IISA Chair Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION