



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Paul Bygrave (55y) 

has successfully competed in
Dutch open ice swimming

Zwembad Waterdam Volendam

19-Jan-2018

100m Breaststroke in 03:42.28 minutes

Overall 2nd / Age Group (55-59y) 2nd

Category Men

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION