



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Sharon Nightingale** (56y) 

has successfully competed in  
Dutch open ice swimming  
Zwembad Waterdam Volendam  
19-Jan-2018

100m Breaststroke in 03:09.44 minutes

Overall 5th / Age Group (55-59y) 2nd  
Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION