



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Michiel land** (43y) 

has successfully competed in  
**Dutch open ice swimming**  
Zwembad Waterdam Volendam  
19-Jan-2018

100m Freestyle in 01:14.46 minutes

Overall 3rd / Age Group (40-44y) 1st


**WORLD RECORD - AGE GROUP**

Category Men

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

