



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Cath Pendleton (45y)** 

has successfully competed in

**Dutch open ice swimming**

Zwembad Waterdam Volendam

19-Jan-2018

**200m Freestyle in 03:43.48 minutes**

Overall 4th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

