



CERTIFICATE OF ACHIEVEMENT

This is to certify that

frederic kocen (45y) 

has successfully competed in
Dutch open ice swimming

Zwembad Waterdam Volendam

19-Jan-2018

500m Freestyle in 07:25.03 minutes

Overall 2nd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N



Ram Barkai
IISA Chair

Netherlands
Chair & Board

