



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nadja glæde Tønnesen (30y) 🇩🇰

has successfully competed in
Dutch open ice swimming
Zwembad Waterdam Volendam
19-Jan-2018

Ice Mile in 28:33.16 minutes

Overall 4th / Age Group (30-34y) 3rd
Category Women [Disabled]

Open Water Course
Water 3.60°C, Wind Chill 0.30°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION