



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Fergil Hesterman (24y) 

has successfully competed in
Dutch open ice swimming
Zwembad Waterdam Volendam
19-Jan-2018

Ice Mile in 21:03.07 minutes

Overall 1st / Age Group (25-29y) 1st

WORLD RECORD

Category Men

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION