



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Irene van der Laan (57y) 

has successfully competed in
Dutch open ice swimming
Zwembad Waterdam Volendam
19-Jan-2018

1000m Freestyle in 16:06.98 minutes

Overall 5th / Age Group (55-59y) 1st


WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board

