



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sebastian Engel (20y) 

has successfully competed in
Ice Swimming German Open

Veitsbronn
05-Jan-2018

200m Breaststroke in 02:43.30 minutes

Overall 1st / Age Group (18-24y) 1st

WORLD RECORD

Category Men

Open Water Course

Water 3.80°C, Wind Chill 6.00°C, 49.51° N




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION