



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Antje Mexner (48y) 

has successfully competed in
Amstel Ice Swim

Amsterdam

30-Dec-2017

100m Freestyle in 01:49.37 minutes

Overall 3rd / Age Group (45-49y) 2nd

Category Women

Open Water Course

Water 4.50°C, Wind Chill 0.20°C, 52.37° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION