



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Els Wermenbol (63y)** 

has successfully competed in

**Amstel Ice Swim**

Amsterdam

30-Dec-2017

**200m Freestyle in 05:29.03 minutes**


Overall 7th / Age Group (60-64y) 1st

Category Women

Open Water Course

Water 4.50°C, Wind Chill 0.20°C, 52.37° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

