



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Stefan Runge** (50y) 

has successfully competed in

**Amstel Ice Swim**

Amsterdam

30-Dec-2017

1000m Freestyle in 16:49.26 minutes

Overall 2nd / Age Group (50-54y) 1st  
Category Men

Open Water Course

Water 4.50°C, Wind Chill 0.20°C, 52.37° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

