



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Richard Nyary** (41y) 

has successfully competed in  
ICE Cup, Polish Championships IISA 1km

Lake 3 Stawy Katowice

13-Jan-2018

1000m Freestyle in 12:56.54 minutes

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Overall 3rd / Age Group (40-44y) 2nd  
Category Men

Open Water Course

Water 2.30°C, Wind Chill -7.80°C, 50.24° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION