

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Paul Fowler (46y) 😹

has successfully competed in

## **IISA GB Championships**

Hatfield Outdoor Activity Centre 24-Feb-2018

## 50m Freestyle in 00:31.18 minutes

Overall 1st / Age Group (45-49y) 1st

WORLD RECORD

Category Men

**Open Water Course** 

Water 3.60°C, Wind Chill 1.10°C, 53.58° N

IS/

Ram Barkai

Great Britain Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION