



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Paul Fowler (46y) 

has successfully competed in
IISA GB Championships

Hatfield Outdoor Activity Centre

24-Feb-2018

100m Freestyle in 01:07.71 minutes

Overall 1st / Age Group (45-49y) 1st

WORLD RECORD

Category Men

Open Water Course

Water 3.60°C, Wind Chill 1.10°C, 53.58° N




Ram Barkai
IISA Chair

Great Britain
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION