



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Heather Massey (38y)** 

has successfully competed in

**IISA GB Championships**

Hatfield Outdoor Activity Centre

24-Feb-2018

100m Individual Medley in 01:40.75 minutes

Overall 3rd / Age Group (35-39y) 1st

**WORLD RECORD - AGE GROUP**

Category Women

Open Water Course

Water 3.60°C, Wind Chill 1.10°C, 53.58° N

**IISA**  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION



Ram Barkai  
IISA Chair

*Great Britain*  
Chair & Board

