



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alison Howard (36y) 

has successfully competed in
IISA GB Championships

Hatfield Outdoor Activity Centre
24-Feb-2018

1000m Freestyle in 20:22.75 minutes

Overall 10th / Age Group (35-39y) 3rd

Category Women

Open Water Course

Water 3.60°C, Wind Chill 1.10°C, 53.58° N




Ram Barkai
IISA Chair

Great Britain
Chair & Board

