



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Paddy Bond (38y)



has successfully competed in

World Cup, Ireland Ice Swimming 1Km Championships

Wild Water Armagh 27-Jan-2018

1000m Freestyle in 16:44.26 minutes

Overall 4th / Age Group (35-39y) 2nd Category Men

Open Water Course Water 4.40°C, Wind Chill 10.00°C, 54.35° N



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION