



CERTIFICATE OF ACHIEVEMENT

This is to certify that

john ryan (49y) 

has successfully competed in

World Cup, Ireland Ice Swimming 1Km Championships

Wild Water Armagh

27-Jan-2018

1000m Freestyle in 16:42.53 minutes

Overall 3rd / Age Group (50-54y) 1st
Category Men

Open Water Course

Water 4.40°C, Wind Chill 10.00°C, 54.35° N



Ram Barkai
IISA Chair

Ireland
Chair & Board

