



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**john ryan** (49y) 

has successfully competed in

**World Cup, Ireland Ice Swimming 1Km Championships**

Wild Water Armagh

27-Jan-2018

**1000m Freestyle in 16:42.53 minutes**

Overall 3rd / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 4.40°C, Wind Chill 10.00°C, 54.35° N



  
**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION