



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Dee Newell (31y)** 

has successfully competed in  
**Ulster Ice Championships**

Wild Water Armagh

03-Dec-2016

**500m Freestyle in 09:20.00 minutes**

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Overall 3rd / Age Group (30-34y) 1st

**WORLD RECORD - AGE GROUP**

Category Women

Open Water Course

Water 4.20°C, Wind Chill 4.20°C, 54.35° N



  
**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION