



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Mark Cohen** (42y) 

has successfully competed in

**Ice Cup & GB Ice Swimming Championships 2017**

The Cruin, Loch Lomond, Scotland

11-Feb-2017

500m Freestyle in 14:35.00 minutes

Overall 4th / Age Group (40-44y) 1st  
Category Men

Open Water Course

Water 4.20°C, Wind Chill 0.90°C, 56.02° N



Ram Barkai  
IISA Chair

Great Britain  
Chair & Board

