



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Terrence Bantock (55y)** 

has successfully competed in  
**Ice Cup & GB Ice Swimming Championships 2017**

The Cruin, Loch Lomond, Scotland

11-Feb-2017

**1000m Freestyle in 22:48.00 minutes**

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**Overall 7th / Age Group (55-59y) 2nd**

**Category Men**

**Open Water Course**

**Water 4.20°C, Wind Chill 0.90°C, 56.02° N**



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION