



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

john ryan (48y) 🚺



has successfully competed in

2nd Ice Swimming Aqua Sphere World Championships

Burghausen, Bavaria 05-Jan-2017

1000m Freestyle in 15:51.53 minutes

Overall 21st / Age Group (45-49y) 3rd Category Men

Open Water Course Water 3.40°C, Wind Chill -11.10°C, 48.17° N



Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION