



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Herman van der Westhuizen (50y) 

has successfully competed in

2nd Ice Swimming Aqua Sphere World Championships

Burghausen, Bavaria

05-Jan-2017

1000m Freestyle in 14:59.97 minutes

Overall 15th / Age Group (50-54y) 3rd

Category Men

Open Water Course

Water 3.40°C, Wind Chill -11.10°C, 48.17° N

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Ram Barkai
IISA Chair

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