



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Elaine K Howley (39y)



has successfully competed in

2nd Ice Swimming Aqua Sphere World Championships

Burghausen, Bavaria 05-Jan-2017

1000m Freestyle in 18:36.58 minutes

Overall 27th / Age Group (40-44y) 5th **Category Women** 

Open Water Course Water 3.40°C, Wind Chill -11.10°C, 48.17° N



Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION