



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ryan Stramrood (43y)



has successfully competed in 2nd Ice Swimming Aqua Sphere World Championships

> Burghausen, Bavaria 05-Jan-2017

1000m Freestyle in 14:24.92 minutes

Overall 11th / Age Group (40-44y) 4th Category Men

Open Water Course Water 3.40°C, Wind Chill -11.10°C, 48.17° N



Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION