



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Joanna dempsey (54y)** 

has successfully competed in  
**ICE SWIMMING FVG - IISA ITALIAN CHAMPIONSHIP**

Cavazzo Lake

17-Jan-2026

**50m Breaststroke in 00:48.04 minutes**

Overall 5th / Age Group (55-59y) 1st

Category Women

Pool Course

Water 4.76°C, Wind Chill 4.60°C, Altitude 191m, 46.19° N



**Ram Barkai**  
IISA Chair

*Italy*  
*Chair & Board*

