



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Mette Ø. Danielsen** (50y) 

has successfully competed in  
**Silbersee Ice-Cup 2025**

Silbersee Langenhagen

29-Nov-2025

**50m Breaststroke in 01:03.10 minutes**

Overall 6th / Age Group (50-54y) 2nd

Category Women

Open Water Course

Water 5.30°C, Wind Chill 5.00°C, Altitude 51m, 52.42° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

