



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Mette Primdahl (47y)** 

has successfully competed in  
**Danish National Championships 2026**

Faaborg  
24-Jan-2026

**50m Breaststroke in 01:04.82 minutes**

---

Overall 38th / Age Group (45-49y) 5th

Category Women

Certified Pool Course

Water 0.63°C, Wind Chill -4.30°C, Altitude 0m, 55.10° N



  
**Ram Barkai**  
IISA Chair

*Denmark*  
*Chair & Board*

