



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kristian Vilstrup** (54y) 

has successfully competed in  
**Danish National Championships 2026**

Faaborg  
24-Jan-2026

**50m Breaststroke in 00:49.47 minutes**

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Overall 11th / Age Group (55-59y) 1st  
Category Men

Certified Pool Course

Water 0.63°C, Wind Chill -4.30°C, Altitude 0m, 55.10° N



  
**Ram Barkai**  
IISA Chair

*Denmark*  
*Chair & Board*

