



Silbersee Ice-Cup



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alex Mankowitz (46y) 

has successfully competed in
Silbersee-Ice-Cup 2024

Silbersee Langenhagen

30-Nov-2024

50m Breaststroke in 01:24.63 minutes

Overall 15th / Age Group (45-49y) 4th

Category Women

Open Water Course

Water 6.10°C, Wind Chill 0.00°C, Altitude 51m

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION