



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Janice Lolk Fraende (61y) 

has successfully competed in
Danish National Championship 2025

Faaborg, Denmark

25-Jan-2025

50m Breaststroke in 00:58.85 minutes

Overall 13th / Age Group (60-64y) 1st

Category Women

Certified Pool Course

Water 3.97°C, Wind Chill 0.50°C, Altitude 0m, 55.10° N




Ram Barkai
IISA Chair

Denmark
Chair & Board

