



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Zsolt Jeneses** (48y) 

has successfully competed in

1st Hungarian Ice Swimming National Championship-1.  
Magyar Jegesúszó Országos Bajnokság

Lupa tó

01-Dec-2024

100m Breaststroke in 01:50.00 minutes

Overall 7th / Age Group (45-49y) 2nd  
Category Men

Pool Course

Water 5.30°C, Wind Chill 9.00°C, Altitude 0m, 47.62° N

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Hungary*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION