



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jan Seminsky (63y) 

has successfully competed in

1st Hungarian Ice Swimming National Championship-1.
Magyar Jegesúszó Országos Bajnokság

Lupa tó

01-Dec-2024

100m Breaststroke in 01:57.60 minutes

Overall 10th / Age Group (60-64y) 1st
Category Men

Pool Course

Water 5.30°C, Wind Chill 9.00°C, Altitude 0m, 47.62° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Hungary
Chair & Board

