



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Claudia Glienke (57y) 

has successfully competed in
Silbersee-Ice-Cup 2024

Silbersee Langenhagen

01-Dec-2024

100m Breaststroke in 02:36.62 minutes

Overall 6th / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 6.10°C, Wind Chill 0.00°C, Altitude 51m

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Germany
Chair & Board

