



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**fred boulay** (47y) 

has successfully competed in  
**Championnat de France Open D2,3**

Megève D 2+3

10-Dec-2022

**100m Breaststroke in 01:19.86 minutes**

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**Overall 1st / Age Group (45-49y) 1st**

**Category Men**

**Certified Pool Course**

Water 4.70°C, Wind Chill -2.00°C, Altitude 1113m, 45.86° N



**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION