



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ulf Karnikowski (34y) 

has successfully competed in

**6th Ice Swimming Aqua Sphere German Open &
IISA®WorldCup Veitsbronn 2020**
Veitsbronn Germany

04-Jan-2020

100m Breaststroke in 01:43.10 minutes

Overall 3rd / Age Group (35-39y) 1st

WORLD RECORD - AGE GROUP

Category Men

Open Water Course

Water 2.80°C, Wind Chill 4.00°C, 49.51° N



Ram Barkai
IISA Chair

Germany
Chair & Board

