



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Michal Frackowiak** (40y) 

has successfully competed in  
**Zollhaus Open German Championships**  
Landhotel Altes Zollhaus, Neuhermsdorf, Germany  
22-Feb-2025

**200m Breaststroke in 04:07.69 minutes**

Overall 5th / Age Group (40-44y) 2nd

Category Men

Pool Course

Water 3.00°C, Wind Chill 1.80°C, Altitude 800m, 50.73° N



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

