



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Johanna Kara (56y) 

has successfully competed in
Kyrö Ice Swimming Challenge 4

Ollilantie 12, 21800 Pöytyä

12-Nov-2022

200m Breaststroke in 03:46.82 minutes

Overall 1st / Age Group (55-59y) 1st

Category Women

Pool Course

Water 4.90°C, Wind Chill 12.00°C, Altitude 42m, 60.70° N




Ram Barkai
IISA Chair

Finland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION