



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ulf Karnikowski (38y)** 

has successfully competed in  
**Silbersee-Ice-Cup 2024**

Silbersee Langenhagen

01-Dec-2024

**50m Freestyle in 00:37.25 minutes**

Overall 4th / Age Group (35-39y) 1st

Category Men

Open Water Course

Water 6.10°C, Wind Chill 0.00°C, Altitude 51m

**N-ICE Swim (>5°C)**



**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

