



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Christoph Karow (40y) 

has successfully competed in
Danish National Championship 2025

Faaborg, Denmark

26-Jan-2025

50m Freestyle in 00:26.34 minutes

Overall 1st / Age Group (40-44y) 1st


WORLD RECORD - AGE GROUP

Category Men

Certified Pool Course

Water 3.97°C, Wind Chill 0.50°C, Altitude 0m, 55.10° N




Ram Barkai
IISA Chair

Denmark
Chair & Board

