



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Benno Emken (34y) 

has successfully competed in

Silbersee Ice-Cup

Silbersee Langenhagen

02-Dec-2023

50m Freestyle in 00:39.27 minutes

Overall 3rd / Age Group (30-34y) 1st

Category Men

Open Water Course

Water 4.80°C, Wind Chill 1.00°C, Altitude 51m, 52.43° N




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION