



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Helmut Ziegner (46y) 

has successfully competed in
Ice Bear Trophy Altenwörth

Altenwörth

13-Jan-2024

50m Freestyle in 00:35.47 minutes

Overall 4th / Age Group (45-49y) 1st

Category Men

Pool Course

Water 1.17°C, Wind Chill 1.10°C, Altitude 0m, 48.38° N




Ram Barkai
IISA Chair

Austria
Chair & Board

