



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ralf Jänike (39y) 

has successfully competed in
Amstel Ice Swim

Amsterdam

30-Dec-2017

50m Freestyle in 00:44.82 minutes

Overall 2nd / Age Group (35-39y) 1st

Category Men

Open Water Course

Water 4.50°C, Wind Chill 0.20°C, 52.37° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION