



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Wilfrid GRUEL** (52y) 

has successfully competed in  
**French National Championships**

Saint Louis, Haut Rhin

09-Jan-2026

**100m Freestyle in 01:04.06 minutes**

Overall 4th / Age Group (50-54y) 1st  
Category Men

Certified Pool Course

Water 4.47°C, Wind Chill 0.00°C, Altitude 0m, 47.59° N



**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*

